



Cancer Bridges

2022 IMPACT REPORT



www.cancerbridges.org
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412-338-1919
2816 Smallman Street, Pittsburgh, PA 15222



Dear Friend,

Cancer Bridges believes that no one should face cancer alone.

That is why we offer free programs and services to anyone impacted by cancer.

Cancer Bridges serves people experiencing a major health crisis. When faced with a cancer diagnosis, often, people need support beyond their medical treatments. The emotional, physical, and social well-being of those impacted by cancer is what we focus on at Cancer Bridges through the over 200 free monthly programs and services we provide.

These services include individual counseling with licensed practitioners, support groups surrounding specific diagnoses, creative expression workshops, educational lectures, health and wellness classes, social activities and a comprehensive Family and Youth program. All programming is FREE and catered to the specific needs and experiences of those in the cancer community.

Since 1988, over 15,000 members from 34 Pennsylvania counties have joined this vibrant cancer support community. And we could not do this work alone; the success of our organization is only made possible through the generous support we receive from our community partners. Our funders, sponsors, community partners, volunteers, and Board of Directors help ensure the work we do at Cancer Bridges continues.

Thank you for helping to provide free cancer support services to anyone and everyone - from the moment of diagnosis, through treatment, and into life beyond cancer. Your support is appreciated each and every day.

Warmly,

Stephanie Ciranni

Stephanie Ciranni
Executive Director
stephanie@cancerbridges.org



Cancer Bridges

**Every cancer journey is unique.
We are here for you.**

Our Mission

To support those impacted by cancer through a variety of free programs and services.

Our Philosophy

Cancer Bridges provides a warm and welcoming environment for everyone who has been impacted by cancer. This includes those with a cancer diagnosis, those who have a loved one with cancer, or have experienced the loss of a loved one due to cancer. The diagnosed, family, friends, and caregivers who support them are welcome to join Cancer Bridges and receive the social, emotional, and informational tools they need.

Our History

In September 2021, Cancer Caring Center (founded in 1988) merged with Our Clubhouse (founded in 2006 as Gilda's Club); since the merger we have streamlined outreach and support to the cancer community. Today, we offer in-person, virtual, and hybrid program options, meeting our community and members where they are to provide consistent cancer support programs and services.

Our Future

From diagnosis through treatment and in transition to life beyond cancer, Cancer Bridges will help prevent and manage the adverse effects of the disease.

2022 OUR IMPACT

At Cancer Bridges, members have access to these critical services at no cost:

Short Term Supportive Counseling

Support Groups

Family and Youth Programs

Creative Expression Workshops

Health and Wellness Programs

Educational Lectures

Social Activities



 **736**
NEW
MEMBERS
WELCOMED!

PROGRAMS
& SERVICES
PROVIDED

2185 

686 

VOLUNTEERS
CONTRIBUTED
TIME

2022 OUR IMPACT

FAMILY &
YOUTH
PROGRAMS
OFFERED

526



1053



SHORT TERM
SUPPORTIVE
COUNSELING
SESSIONS HELD



4673

VISITS BY
MEMBERS



1300+

VOLUNTEER
HOURS
PROVIDED



SUPPORT
GROUPS
OFFERED

300



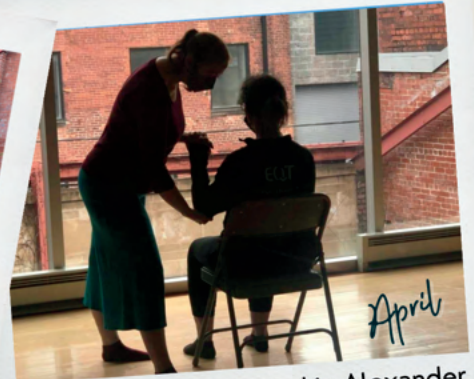
20 YEAR IN REVIEW



Cancer Bridges welcomed members back into the building for in-person programs!



We opened our doors for Our Glass is Half Full wine tasting fundraiser.



A member participated in Alexander Technique as Cancer Bridges brought back additional in-person programs.



Moving Through Grief concluded with a Celebration of Light at North Park Lake.



Members participated in a Metastatic Breast Cancer support program.



Cancer Bridges hosted our Annual Golf Classic.



Our first Gather at the Bridge where members tried several programs at one time.



Kids had fun and found support at Camp Clubhouse 2022!

2022 YEAR IN REVIEW



Cancer Bridges supporters had a tee-rific time at Topgolf!



We celebrated our 1st birthday as a merged organization!



Members participated in beautiful art therapy wellness activities.



Boo Bash returned to Cancer Bridges for a spooktacular good day!



Cancer Bridges & Sabika Jewelry partnered for the Celebrate Your Sparkle event.



We honored our Luminaries at the annual Light Up Gala.



Cancer Bridges hosted a Night of Remembrance for loved ones lost to cancer.



Steel City Fins helped Cancer Bridges celebrate with our Holiday Extravaganza!

CANCER BRIDGES MEMBER EXPERIENCES

"The support offered by Cancer Bridges has been an absolute lifeline to my daughter Caroline and I. We benefited from the wide array of counseling and social activities that helped sustain us as my late wife Jane battled and succumbed to sarcoma cancer. Knowing that there are others out there who are facing the same emotions, challenges, and need for hope and a future was very comforting and helped me through life's most difficult event, the loss of one's spouse."

"Camp (Clubhouse) was such a wonderful experience for the girls. From the personalized bags to all of the well-planned activities, special guests, and sessions - it was amazing! We were so thankful to be a part of such a special experience for the girls! Thank you!"

"While lifestyle factors (such as nutrition, physical activity and stress) are well recognized as of major importance in long term healing and survival after cancer, education about these factors are not well integrated into traditional treatment plans. This program addresses this key healthcare need within the healthcare system."

"I am a breast cancer survivor. Cancer Bridges to me means everything. It is like a family. The people and services are so essential to my overall happiness right now. I am so grateful to be able to take part!"

"My first real understanding of what had happened to me came through attending the Living Life Post Cancer Treatment Program. This program taught me many things: there is a comradeship among cancer survivors, cancer related fatigue is real but manageable, there are ways of coping because cancer impacted my family big time... And so I continue to seek support at Cancer Bridges learning more and more about how to live as a cancer survivor today."

"Cancer Bridges has been a God send for me. My husband has an illness of his own and tells me I talk too much... so needless to say, I can talk with fellow survivors at Cancer Bridges. No one wants to be in the club, but once you are we all are like family and I love each and every person."

CANCER BRIDGES MEMBER EXPERIENCES

"Cancer Bridges provided a large variety of classes and speakers on many areas that impact a cancer patient & their lives. I personally have benefitted from numerous suggestions to address some long term issues. Cancer Bridges is a community of professionals and volunteers who work tirelessly to improve lives."

Happy Feet Program
"I feel it provides an environment that is comfortable for any personality type. I love knowing I am going to learn something new even though I have completed other sessions... Thank you for all you do with this, it really does make a difference."

"Words can't describe how wonderful this organization is. Between the support, relaxation, and fun that Cancer Bridges provides a young adult (such as me), I can find some companionship with others who get it!"

Celebrate Your Sparkle with Sabika -
"SPECIAL AND PRETTY!
My hair is finally back to the length it was when I was diagnosed and lost all of it to cancer. It was nice to look in the mirror and kinda forget that I had cancer. The staff, volunteers, stylists, photographers and makeup artists were very welcoming, kind and talented. The Sabika jewelry was beautiful and I love my earrings. I appreciate getting the opportunity to Sparkle!!
Thank you!"

"Abby is awesome! We all were amazed how quick and easy she was able to get our son's attention. Who is generally pretty shy... My husband and I are sooooo grateful that there is a resource like Cancer Bridges and Abby specifically. It was such a relief for me to realize that there is a help out there that can help us navigate the situation we ended up with."

"I am so blessed by this program and excited for each of us who have attended and those yet to attend. I learned more about cancer and how to live a better post cancer life than I have learned in all my 21 years of remission. Thanks so much to everyone who works so hard to make this program possible and meaningful."

THANK YOU TO OUR SUPPORTERS

Bridge Builders

Robin Bernstein
Claudia Broman
Paul Cantalupo
David Gramc
Deborah Johnson
Laurie Klatscher
Jodi Lech
Jack Morrow
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WAYS TO SUPPORT

Together, we can do so much...

Visit

To learn more about Cancer Bridges' free programs and services or to become a member, visit www.cancerbridges.org or call 412-338-1919.

Volunteer

Cancer Bridges welcomes volunteers throughout the year for a variety of different needs! Please contact Rowan at rowan@cancerbridges.org for more information.

Sponsor

Cancer Bridges hosts several major fundraising events. Sponsor support is crucial to our free programs and services! To learn more, please contact Meg at meg@cancerbridges.org.

Partner

Interested in hosting your own fundraiser or event in support of Cancer Bridges? We would love to discuss your ideas! Contact Jen at Jen@cancerbridges.org.

Like

Like and follow us on social media to stay up to date with our latest program and event information!



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